Healthy Eating, Physical Activity, and Weight Loss Research Program

KUMC’s Center for Physical Activity and Weight Management is looking for adolescents (13-21 years) and adults (18+) with intellectual and developmental disabilities to be in a research program on healthy eating, physical activity and weight.

Individuals will be:

- Following a healthy eating program
- Exercising
- Receiving an iPad to use as part of the study
- Compensated for their time
- No travel required

For more information about our Adolescent study contact Andrew at acollie@ku.edu or 785-764-3770 or visit http://ebl.ku.edu/adolescent-idd

For more information about our Adult study contact Joe at joesherman@ku.edu or 785-813-5951 or visit http://ebl.ku.edu/IDDTech

*Individuals must live within 50 miles of Kansas City or Lawrence
The program is 6 months long with an optional 12 months maintenance program and takes place in the home*