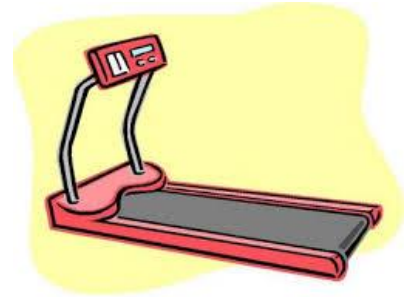


Healthy Eating, Physical Activity, and Weight Loss Research Program



KUMC's Center for Physical Activity and Weight Management is looking for adolescents (13-21 years) and adults (18+) with intellectual and developmental disabilities to be in a research program on healthy eating, physical activity and weight.

Individuals will be:

- Following a healthy eating program
- Exercising
- Receiving an iPad to use as part of the study
- Compensated for their time
- No travel required

For more information about our **Adolescent** study contact Andrew at acollie@ku.edu or 785-764-3770 or visit <http://ebl.ku.edu/adolescent-idd>

For more information about our **Adult** study contact Joe at joesherman@ku.edu or 785-813-5951 or visit <http://ebl.ku.edu/IDDTech>

*Individuals must live within 50 miles of Kansas City or Lawrence
The program is 6 months long with an optional 12 months maintenance program and
takes place in the home*