

September 2018

Happy Labor Day!

Cooking Club's Burger School



There's nothing better than a juicy hamburger topped with your favorite toppings. Yum! Close your eyes and you can almost taste the flavors. Melty cheese. Crisp lettuce. Tangy onions. Are you hungry?! Come learn "Burger Making 101" at the next Cooking Club.

Wednesday, September 12th

2:00 pm– 4:30 pm

Independence, Inc.

2001 Haskell Avenue

RSVP by Sept. 11th w/ ranita at 785-841-0333, ext. 115.

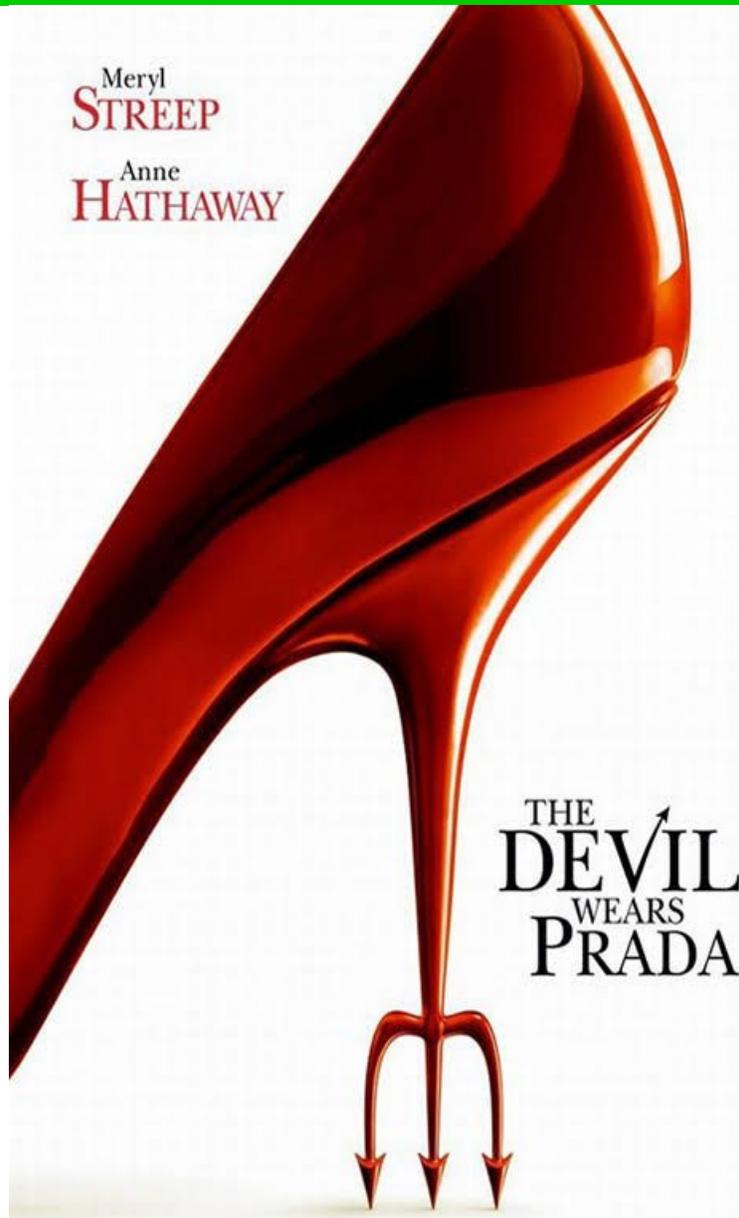
You can leave your RSVP on the voicemail.

2001 Haskell Avenue, Lawrence, KS 66046/ 785-841-0333

www.independenceinc.org

Connect with us on Facebook and Twitter

Dinner & Movie Event



Meryl Streep is deliciously evil in the “Devil Wears Prada”—a comedy/drama about a diabolical New York fashion editor who lives to torture her assistant (Anne Hathaway). Film rated: PG-13

FILM VIEWING AT COOKING CLUB EVENT

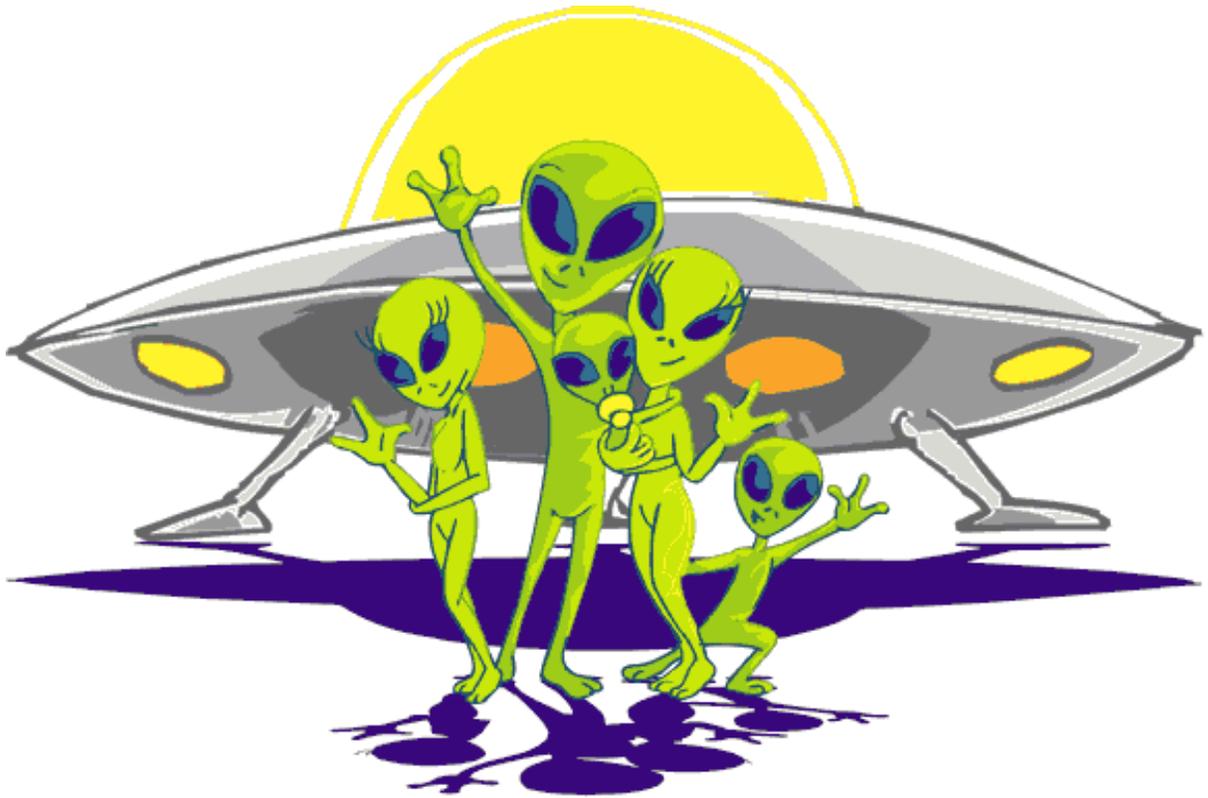
Wednesday, September 12

3 pm– 4:30 pm

Independence, Inc. Large Conference Room



Science Fiction & Fantasy Club



Don't Worry, We Come in Peace, Umm...*Maybe.*

FEATURED MOVIE PRESENTATION

STAR WARS

**Wednesday, September 19th
2 pm– 4 pm
Independence, Inc.
Film is rated PG-13**

RSVP by September 17th w/ Ranita
785-841-0333, ext. 115.
You can leave your RSVP on the voice mail.

MUSIC JAM SESSION!



AUMI JAM

What is AUMI? The Adaptive Use Musical Instruments app enables you to play sounds and musical phrases through movement and gestures. We focus on improv techniques using the synth-like technology, rather than traditional musical phrasing and notes. The more you move, the more music you can make!

For questions or to RSVP, contact Ranita at 785-841-0333, ext. 115

TUES | SEP 25

4:30-6 PM | SOUND + VISION Studio
LAWRENCE PUBLIC LIBRARY, LOWER LEVEL

A Project of AUMI-KU InterArts, Independence Inc., and Lawrence Public Library, with support from the KU Department of American Studies, and the KU School of Music.



707 Vermont Street | Lawrence KS 66044 | 785-843-3833 | lplks.org

FREE COMMUNITY EVENT



Lied Loves Lawrence! Community Arts & Music Festival September 14 & 15 *Lied Center of Kansas 1600 Stewart Drive, Lawrence*

The Lied Center is kicking off its 25th anniversary with a **FREE celebration** for the community! You're invited to live music, kid-friendly activities, and more.

Schedule of Events

Friday, September 14, 7:30 pm:

- **KU School of Music Collage Concert**— A Jayhawk tradition!
- **Quixotic**—After the concert, Quixotic will perform outside. They are a performance group that fuses imagination with technology, dance, and music. (quixoticfusion.com)

Saturday, September 15, 4:00 pm:

- **Family friendly outside activities!**—Enjoy three live bands on the outdoor stage, a bouncy house and more. Complimentary treats will be provided, and food trucks will be available from 4:00—8:00 pm.
- **Inside activities**—Get behind-the-scenes look at the Lied Center and enjoy workshops to learn about stage tech, dance, theatrical makeup and more.

RULES OF RESPECT



Give respect Get respect

In 2003, members of the Peer Support Groups of Independence, Inc. developed some basic *Rules of Respect*. These rules help to provide guidance on how we are to treat one another within the groups.

PEER SUPPORT GROUPS RULES OF RESPECT

Members of the Peer Support Groups Agree to.....

Not interrupt our friends when they are speaking.

Not make fun of, bully, or tease our fellow peers.

Not yell or be rude to our peers.

Not hit, or cause physical harm to our peers.

Not physically touch our peers without permission.

Not use rude, vulgar, racist or hateful language.

Be respectful of each other.

Be helpful to each other.

Be understanding of one another's differences & views.

Participate to the best of our abilities within the group.

Apologize when we are disrespectful to one another.

THANK YOU TO EVERYONE WHO RESPECTS THE RULES!

VOLUNTEER PEER MENTORS



Do You Like Making New Friends?
Are You a Good Listener?
Are You a Person with a Disability?

Ever Thought About Being a Peer Mentor?
If So, We're Looking For YOU!

The Volunteer Peer Counseling Program Matches People with Disabilities with People Who Understand What It's Like to Have a Disability. Our Volunteers Are Not "Professional Counselors"—We Don't Have a Couch Or Walls—We Are Peers Who Share Our Personal Experiences or Listen and Provide Support.

Interested in Being a Peer Mentor?
Contact Ranita at 785-841-0333, Ext. 115