



January 2018

Happy New Year!

Annual Event Planning Lunch

Sponsored by the Peer Support Groups of Independence, Inc.



2018 is here! It's time to start planning new activities for the Peer Support Groups of Independence, Inc. Join us for lunch as we plan new and FUN activities for the year. Feel free to bring ideas for new groups, too.

EVENT INFO

Thursday, January 25

12:00 — 2:00 pm

Set'em Up Jack's Restaurant

1800 E. 23rd Street (In the Harper Square)

Please bring at least \$14 for your meal

RSVP w/ ranita by January 22nd at 785-841-0333, ext. 115. You can leave your RSVP on the voicemail.

Holiday Closing:

We will be closed January 15 for Martin Luther King, Jr. Day.

2001 Haskell Avenue, Lawrence, KS 66046/ 785-841-0333

www.independenceinc.org

Connect with us on Facebook and Twitter

VOLUNTEER PEER MENTORS



Do You Like Making New Friends?
Are You a Good Listener?
Are You a Person with a Disability?

Ever Thought About Being a Peer Mentor?
If So, We're Looking For YOU!

The Volunteer Peer Counseling Program Matches People with Disabilities with People Who Understand What It's Like to Have a Disability. Our Volunteers Are Not "Professional Counselors"—We Don't Have a Couch Or Walls—We Are Peers Who Share Our Personal Experiences or Listen and Provide Support.

Interested in Being a Peer Mentor?
Contact ranita at 785-841-0333, Ext. 115

RULES OF RESPECT



Give respect Get respect

In 2003, members of the Peer Support Groups of Independence, Inc. developed some basic *Rules of Respect*. These rules help to provide guidance on how we are to treat one another within the groups.

PEER SUPPORT GROUPS RULES OF RESPECT

Members of the Peer Support Groups Agree to.....

Not interrupt our friends when they are speaking.

Not make fun of, bully, or tease our fellow peers.

Not yell or be rude to our peers.

Not hit, or cause physical harm to our peers.

Not physically touch our peers without permission.

Not use rude, vulgar, racist or hateful language.

Be respectful of each other.

Be helpful to each other.

Be understanding of one another's differences & views.

Participate to the best of our abilities within the group.

Apologize when we are disrespectful to one another.

THANK YOU TO EVERYONE WHO RESPECTS THE RULES!