



#### **December 2018**

**Happy Holidays!** 

### Winter Wonderland Party

Sponsored by the Peer Support Groups of Independence, Inc.



Join the Peer Support Groups for some holiday fun at the annual Winter Wonderland Party. We're making lots of goodies. Yummy-yum!

Date:	
Where:	

Monday, December 17th, 3:30 pm-5:30 pm. Independence, Inc. Training Kitchen

Menu:

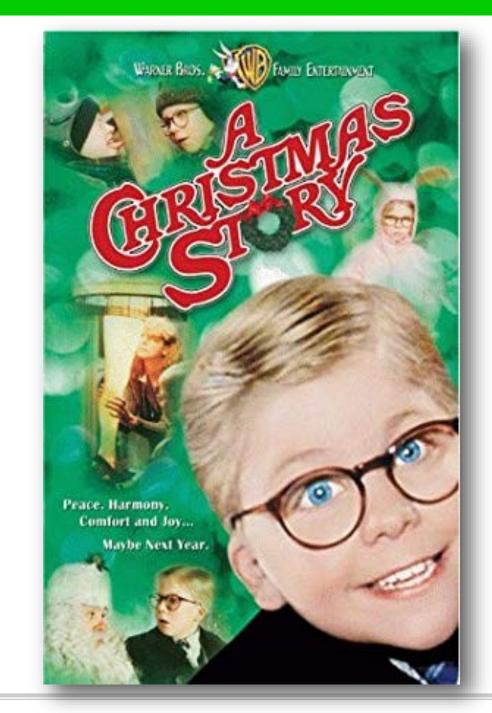
We're making turkey chili and holiday cookies. Please bring a non-alcohol beverage of your choice to share.

**RSVP** with Ranita at 841-0333, ext. 115 by Dec. 14th.

Independence, Inc. will be closed December 24 and 25.

2001 Haskell Avenue, Lawrence, KS 66046/ 785-841-0333 www.independenceinc.org Connect with us on Facebook and Twitter

## **Holiday Movie Event**



Let's celebrate the holidays with the beloved movie—A Christmas Story. Set in the 1940s, the movie follows the wintry exploits of young Ralphie as he dodges a bully and tries desperately to convince his parents and Santa of his ideal Christmas gift. Film rated: PG

> Film viewing at the Winter Wonderland Party Monday, December 17th 4 pm– 5:30 pm Independence, Inc. Large Conference Room



## COMMUNITY MUSIC JAMS!

AUMI INTERARTS PRESENTS:

# AUMI DREAM ENSEMBLE

PARTICIPATE IN IMPROVISATION LIVESTREAMED TO IONE'S DREAM FESTIVAL IN NY DECEMBER 8TH CALL TIME: 5:30PM PERFORMANCE: 6:00-7:00PM SWARTHOUT RECITAL HALL MURPHY HALL- KU SCHOOL OF MUSIC 1530 NAISMITH DR.

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Please bring pillows, blankets, or anything that would help you get into the mood for dreaming!

4.44

HTTPS://WWW.FACEBOOK.COM/AUMIKU

### **VOLUNTEER PEER MENTORS**



Do You Like Making New Friends? Are You a Good Listener? Are You a Person with a Disability?

Ever Thought About Being a Peer Mentor? If So, We're Looking For YOU!

The Volunteer Peer Counseling Program Matches People with Disabilities with People Who Understand What It's Like to Have a Disability. Our Volunteers Are Not "Professional Counselors"— We Don't Have a Couch Or Walls—We Are Peers Who Share Our Personal Experiences or Listen and Provide Support.

> Interested in Being a Peer Mentor? Contact Ranita at 785-841-0333, Ext. 115

### **RULES OF RESPECT**



**Give respect Get respect** 

In 2003, members of the Peer Support Groups of Independence, Inc. developed some basic *Rules of Respect*. These rules help to provide guidance on how we are to treat one another within the groups.

### PEER SUPPORT GROUPS RULES OF RESPECT

Members of the Peer Support Groups Agree to..... Not interrupt our friends when they are speaking. Not make fun of, bully, or tease our fellow peers. Not yell or be rude to our peers. Not hit, or cause physical harm to our peers. Not physically touch our peers without permission. Not use rude, vulgar, racist or hateful language. Be respectful of each other. Be helpful to each other. Be understanding of one another's differences & views. Participate to the best of our abilities within the group.

### THANK YOU TO EVERYONE WHO RESPECTS THE RULES!

Apologize when we are disrespectful to one another.